

# PERSONAL DATA INVENTORY

Personal Identification Name:	
Address:	
Phone [best contact]:	
Birthdate:	
Education [last year or degree completed]: _	
Employer:	Years:
Emergency Contact:	Phone:
Have you ever been arrested? If yes, briefly	explain:
	esent spouse? tionship and then restarted it?
	Number of previous marriages by significant other:
How long did you date prior to marriage OR	how long have you dated this person?
Is your spouse or fiancé willing to come for o	counseling? If not briefly explain:
Is he/she in favor of your coming? If not brie	efly explain:
Is he/she employed?	Length of employment:

Family				
Are your parents living?	Where do tl	hey live?		
Briefly describe your relationship to your father:				
Briefly describe your relationship to your mother:				
Number of siblings:	Your sibling	order:		
When you were growing up, did you live with anyo	one other tha	n your paren	ts? If so, who	and why?
Please list any children you have in the space below	w.			
Name	Age	Gender	Adopted?	Previous Marriage?
			•	J
Spiritual				
Do you believe in God?	Would you	call yourself	a Christian? _	
Have you been baptized?	Denominati	onal Prefere	nce:	
Briefly describe your devotional life (ex. Bible read	ing, prayer, b	ook studies)	<u>:</u>	
Church presently attending:	_			
Are you a member?	How often (	do you atten	d church?	
How are you involved within the church?				
Briefly explain any recent changes in your spiritual	life:			

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#### Health

Briefly describe your overall health:

Date of last m	nedical exam:	Nar	me of Physicia	an & Office: _		
Do you have	any chronic condition	ns? Briefly explain (lis	t important ill	Inesses, injur	ies, or handica	ıps):
		everages do you cons Coffee/Tea		oft drinks		Water
How many ho	ours of sleep do you a	average each night? _		Is this s	leep restful? _	
Have you eve	r had a severe emoti	onal upset? If yes, ple	ease explain:			
Have you or o	others noticed any re	cent changes in your	personality (a	anger, mood	swings, withdi	awal) thinking,
memory, or v	vork habits? If yes br	iefly explain:				
Circle the foll	owing words that yo	u think best describe	you:			
Active	Ambitious	Self-Confident	Persistent		Nervous	Hardworking
Impatient	Impulsive	Moody	Often-blue	e	Excitable	Imaginative
Calm	Serious	Easy-going	Shy		Introvert	Good-natured
Extrovert	Likeable	Leader	Quiet		Headstrong	Lonely
Submissive	Self-Conscious	Sensitive	Other:			
Have you eve	r seen a psychiatrist	or counselor? Briefly	explain:			
Medication		Dosage	Purpose			

## **Additional Information**

1. What problem are you having (what brings you here)?
2. What have you done about this problem?
2. What are your expectations from counceling?
3. What are your expectations from counseling?
4. Is there any other information we should know?



### **COUNSELING AGREEMENT & CONSENT**

<u>Our Goal</u>: The goal of Biblical Counseling is to help people work through the difficulties of life in a way that will be pleasing and honoring to the Lord Jesus Christ. We are here to help others learn truth so that they may live in accordance with truth.

<u>Counseling Provided and Fees</u>: We are a ministry of Jacksonville Bible Church, a church plant of Southern View Chapel. We provide counseling free of charge because we believe this is what the Bible teaches. The undersigned counselee will receive Biblically based counseling from a qualified counselor at no cost. While counseling is free we do need to charge for most resources used during the counseling process. These charges will mostly consist of books, pamphlets, CD's or the like. Payment for these materials will be due on the day they are issued. We accept checks or cash, no credit or debit cards. Checks should be made out to Jacksonville Bible Church.

<u>Cancelation Policy:</u> We do not charge for counseling, but we do charge for cancelations made less than six hours prior to the appointment, or if you fail to show up for an appointment. If either of these situations occurs, we will not resume counseling until we receive either a cash payment or a check from you for \$30. We have put this policy in place because we have counselors who travel long distances in order to volunteer their time and we do not want to waste their valuable time. You may avoid this charge by simply changing your appointment as soon as you know that you will not be able to keep it or maintaining clear communication with your counselor well in advance of any potential conflicts of scheduling.

<u>Biblical Basis:</u> Counseling received from JBCC is religious in nature and is conducted under the authority and leadership of Southern View Chapel. We believe the Bible provides sufficient guidance for all matters of life and faith (cf. 2 Timothy 3:16-17, 2 Peter 1:3-4). Our counseling is based solely on the principles of Scripture and does not use the teachings or methods of modern psychology or psychiatry. The counseling you receive will be based upon your counselor's understanding of the Holy Scripture.

Counselee(s) Initials:
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<u>Confidentiality:</u> We view confidentiality as a vital element in the counseling process. We strive for the highest integrity concerning confidentiality and have developed a policy that addresses this issue specifically. The Jacksonville Biblical Counseling Center Confidentiality Policy is attached to this form and is to be read, signed, and turned in before counseling begins.

<u>Church Attendance:</u> As long as you are receiving counseling at JBCC you agree to attend at least one church service or bible study at a Bible teaching church. If you are currently not active in a local church, then we strongly recommend you attend Jacksonville Bible Church since the teaching here will match what you receive in counseling. This policy is in place because the more you are learning about God, His Word, and His instructions for life, the better equipped you will be to respond properly to the situations of life that are creating trouble for you. Your counselor will review any specific questions related to this policy. We strongly recommend that you take notes during the service you attend so that you will be able to recall points of

importance in that message. Counselors will inquire about services attended and some of the highlights that you gleaned from the service.

<u>Conflict Resolution:</u> On rare occasions a conflict may develop between a counselor and a counselee. The Bible commands that Christians make every effort to live in peace and to resolve disputes with each other in private or within the Church instead of involving the secular courts (cf. 1 Corinthians 6:1-8). In keeping with obedience to Scripture we require all counselees, whether professing to be Christian or not, to agree to follow these procedures in the event of a conflict with Southern View Chapel, Jacksonville Biblical Counseling Center, or any of the counselors associated with this ministry.

By initialing below, I agree that any claim or dispute arising from or related to this agreement shall be settled by mediation and, if necessary, legally binding arbitration in accordance with the Rules of Procedure for Christian Conciliation of the Institute for Christian Conciliation, a division of Peacemaker® Ministries. Judgment upon an arbitration decision may be entered in any court otherwise having jurisdiction. The parties understand that these methods shall be the sole remedy for any controversy or claim arising out of this agreement and expressly waive their right to file a lawsuit in any civil court against one another for such disputes, except to enforce an arbitration decision. Copies of the Rules of Procedure for Christian Conciliation of the Institute for Christian Conciliation are available upon request and more information can be found at www.peacemaker.net/icc.

Counselee(s) I	nitials:
If you have any questions about these guidelines plea indicates your informed consent to these guidelines.	se speak with your counselor. Your signature below
Signature:	Date:
Signature:	Date:

### **CONFIDENTIALITY POLICY**



Jacksonville Biblical Counseling Center, hereafter JBCC, understand that confidentiality is an important and vital characteristic of the counseling relationship. To that end, JBCC and its representatives agree to carefully guard to the fullest extent possible the information entrusted to them by counselees.

Staff members and students participating in the JBCC program are expected to protect the information they receive in order to ensure the highest integrity of the counseling process and the privacy of the counselee. Should a counselor fail to protect information it may become necessary for them to be dismissed from service in the JBCC program. The decision to dismiss a counselor will be determined by the Pastor of JBC & Board of Elders of Southern View Chapel.

Even though JBCC has a high regard for confidentiality there are certain circumstances where it may be necessary to reveal information obtained in the counseling process in order to uphold the principles of Scripture, the standards of Jacksonville Bible Church, and/or the laws of the state of Illinois. JBCC does not hold to the legal concepts of the priest/penitent, doctor/patient, psychotherapist/patient or counselor/counselee privileges, unless one of the pastors from JBCC is doing the counseling. In such case that Pastor's role as a Pastor will override this policy and he has the option to counsel under the priest/penitent laws of the state of Illinois.

Some situations where JBCC may deem it necessary to reveal otherwise confidential information include but are not limited to:

- 1. Where a counselee is encouraged to renounce a particular sin but refuses to do so, it may become necessary to seek the assistance of others in the church to encourage repentance and reconciliation in accordance with Scripture (cf. Proverbs 15:22, 24:11; Matthew 18:15-20). In such cases only the information that is necessary to deal with that particular sin will be revealed. Further, such information will only be revealed to those Biblically required to be involved. When following Scripture in such cases it may become necessary to contact the pastor and/or other elders of a counselee's home church.
- 2. Counselors uncertain as to how a particular issue should be addressed may reveal necessary information to and seek assistance from another counselor or one of the pastors at JBCC or their sending church, Southern View Chapel.
- 3. Where a counselee threatens to harm himself/herself or another person, it may become necessary to notify the proper legal authorities, family members, pastor, intended victim or all of the above. If the counselee makes such threats in the context of a counseling session, the Counselor will immediately consult with another JBCC or SVC Counselor and/or the Director who will work with them to assess the situation and assist in making the appropriate notifications, if necessary.
- 4. If a counselor is made aware of evidence that abuse or some other crime has been or is about to be committed, it may be necessary to reveal such to the legal authorities.

- 5. JBCC recognizes that in the course of the loving discipline of their children, Christian parents may employ corporal punishment, in accordance with the teachings of scripture and, in conformity with those Scriptures, JBCC supports a parent's right to do so. However, if in the course of counseling, the Counselor suspects that a minor child has been physically or sexually abused, the Counselor will immediately consult with another JBCC or SVC Counselor and/or the Director who will assist in the assessment of the situation. If it is then suspected that abuse has occurred, the legal authorities will be contacted immediately. If no other counselor is available and a child is in imminent danger of being abused, the Counselor will immediately contact the appropriate legal authorities without employing the above consultation process.
- 6. Observers, including but not limited to counselors in training, may sit in on counseling sessions either to assist in the counseling process or for training purposes. JBCC's sister counseling center, Springfield Biblical Counseling Center, is a training center for biblical counseling and has ongoing training classes. One aspect of the training is to observe other counselors as they counsel people. Advance notice will be given to a counselee if possible.
- 7. All observers and counselors agree to be bound by this confidentiality agreement and should they be found to be in violation of this agreement understand they face expulsion from the JBCC counseling program by the Pastor of JBC & Board of Elders of Southern View Chapel.

I have read and understand the above Confidenti	iality Policy of JBC and agree to be bound by its terms.
Signature:	Date:
Signature:	Date: